



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920
(908) 204-2520. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director
health@bernards.org

2019 Novel Coronavirus (COVID-2019) Weekly Update #8 – March 20, 2020

Recent COVID-19 Updates:

- The Centers for Disease Control and Prevention (CDC) recommends not holding or attending gatherings of more than **50 people** for the next **eight weeks**.
- All **bars, restaurants, gyms, movie theaters, and casinos** in NJ were ordered to close at 8pm Monday, March 16, 2020 and will remain closed until further notice. Restaurants and bars will be permitted to offer takeout and delivery. Supermarkets and pharmacies will remain open.
- All **barbershops, hair salons, spas, nail and eyelash salons and tattoo parlors** in NJ were ordered to close at 8 pm Thursday March 19, 2020 and remain closed until further notice.
- All NJ schools, both **public and private** were closed Wednesday, March 18, 2020.
- Governor Murphy strongly discourages residents from making non-essential travel between **8pm-5am**.
- **NJDOH** dashboard available [here](#). **Somerset County** dashboard available [here](#).
- The NJ Department of Human Services operates a toll free “warm line” which is a resource for people seeking mental health service. The warm line is available 24 hours and has operators in multiple languages. The number is (877) 294-HELP (4357).
- NJ Department of Health (NJDOH) has created a graphic for the public to access their risk level that can be found at [here](#).
- If you feel as though you have signs and symptoms of COVID-19, **please call before going to your health care provider**.

What is the Bernards Township Health Department (BTHD) Doing?

As of March 16, 2020 the BTHD is closed to visitors. Please call (908) 204-2523 or email health@bernards.org to reach a staff member. The BTHD has been and will continue to actively monitor the evolving situation. We are reviewing and sharing the guidance that is being provided by the New Jersey Department of Health (NJDOH) and the CDC.

- Participating in NJDOH and CDC information and guidance conference calls and webinars
- Maintaining daily contact with State Epidemiologists on the changing situation
- Conducting collaborative meetings with the other public health agencies from the surrounding area
- Reviewing applicable emergency plans and procedures, including the Department’s Pandemic Plan
- Communicating with local schools and health care providers to provide updated guidance
- Communicating with local healthcare providers and agencies to ensure a smooth stream of communication if we start to see an increase in cases.

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019) Resources and Links

The 2019 Novel Coronavirus (COVID-2019) is a rapidly evolving situation. Members of the public are urged to keep up to date by visiting trusted public health resources.

NJ211 - Dial 211 (English & Spanish)

Choose Ext. 20 for COVID-19

<u>Questions about</u>	<u>Extension</u>
Healthcare Provider	2
Sick	3
High Risk	4
Prevent Spread	5
Eligible for testing	6
School Closure	7
Travel	8
Employees/Employers	9

COVID-2019 Phone Lines

If you are a health professional or first responder in Somerset County with COVID-2019 questions call:

SCDOH Coronavirus COVID-19 Health Line
(908) 203-6014

Morris County Division of Health
Management
(973) 829-8250

Atlantic Health Nursing Screening Hotline
1-862-260-3199 7 days a week 7am-7pm

Centers for Disease Control

- [People at Risk for Serious Illness from COVID-19](#)
- [Cleaning and Disinfection Recommendations](#)
- [Protect Yourself and Your Family](#)
- [Coronavirus Disease 2019 Information for Travel](#)
- [Frequently Asked Questions & Answers](#)
- [Situation Summary](#)
- [About COVID-19](#)
- [How it Spreads](#)
- [Prevention & Treatment](#)
- [Stigma and Resilience](#)
- Confirmed Cases – [Global](#), [Cases in the US](#)
- What You Need to Know – [English](#), [Simplified Chinese](#), [Spanish](#)
- What To Do If You Are Sick – [English](#), [Simplified Chinese](#), [Spanish](#)
- Preventing COVID-2019 from Spreading to Others in Homes and Communities – [English](#), [Simplified Chinese](#)



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[New Jersey Department of Health - Dashboard](#)

- [General Information for the Public](#)
- [COVID-19 Information for Communities and the General Public](#)
- [COVID-19 Information for Schools and Businesses](#)
- [COVID-19 Information for Healthcare and Public Health Professionals](#)
- [Email or Call for COVID-19 Questions to the NJDOH](#)

[World Health Organization – Novel Coronavirus 2019](#)

- [Q&A](#)
- [Mythbusters](#)
- [Travel Advice](#)
- [Advice for the Public](#)

Other Local Resources:

- [Somerset County Department of Health](#)
 - [Somerset County COVID-19 Dashboard](#)
- [Morris County Office of Health Management](#)
- [New Jersey Office of Emergency Management](#)

Recommended Guidance for Specific Populations:

- [Interim Guidance for Schools and Childcare](#)
- [Interim Guidance for Businesses and Employers](#)
- [Guidance for Healthcare Facilities](#)
- [Resources for Home – Plan, Prepare, and Respond](#)
- [Resources for Colleges and Universities](#)
- [Resources for Community and Faith Based Leaders](#)
- [Resources for First Responders and Law Enforcement](#)
- [Information on COVID-19 for Pregnant Women and Children](#)
- [NJ Department of Health – Guidelines for Control of Respiratory Virus in Long Term Care Facilities](#)
- [Preventing COVID-19 Spread in Communities](#)
- [Community Events](#)
- [Guidance for Homeless Shelters](#)

Testing for COVID-19

- **As of 3/20/20**
 - Bergen County Community College FEMA Testing Site is open. 8am – 4 pm 7 days per week. Must be an NJ resident and experiencing respiratory symptoms. Learn more [here](#)
 - **Morris and Somerset Counties are planning drive thru testing sites – info TBD.**
 - Most doctor's offices are not testing on site. Some doctors may collect samples and send to an approved laboratory.
If you are feeling unwell, call ahead to your healthcare provider.
 - Hospitals and some urgent cares are currently testing for COVID-19. **Call ahead to get more information. Do not just show up to the ER or urgent care.**
- For more information or testing - [visit the CDC website.](#)