

*Guide to
Mental Health Services
2020*



24-HOUR EMERGENCY SERVICES

In immediate life-threatening situations, always dial 911.

- Bridgeway PESS (*Psychiatric Emergency Screening Services*)908-526-4100
- NJ Child Abuse Hotline..... 877-652-2873
- National Center for Missing & Exploited Children 800-843-5678
- National Runaways Safeline.....800-786-2929
- PerformCare (*Mental Health up to 21*)..... 877-652-7624
- New Jersey Suicide Hopeline 855-654-6735
- Nat'l Suicide Prevention Lifeline 855-654-6735
- Addictions Access Center..... 844-276-2777
- Reach NJ (*substance use crisis line*)..... 844-732-2465
- Sexual Assault Crisis Hotline.....908-526-7444
- Safe + Sound Somerset 866-685-1122
Domestic Violence (call or text)
- Vet to Vet Hotline for Combat Veterans 866-838-7654
- Cop2Cop Confidential Hotline..... 866-267-2267
- Alzheimer's Hotline: Care2Caregivers.....800-424-2494
- AIDS/HIV/STD Information & Referrals.....800-624-2377
- AIDS Hotline - Spanish.....800-344-7432

LEGAL SERVICES

- Legal Services of Northwest Jersey..... 973-642-2084
- Casa De Esperanza732-748-1111
- American Civil Liberties Union-Somerset 908-231-1877
- Somerset County Bar Association 908-685-2323
- Somerset Co. Office of Public Defender..... 908-704-3020
- Community Health Law Project 609-392-5553
- NJ Division on Civil Rights.....973-648-2700
- Disability Rights New Jersey..... 609 292-9742

ADVOCACY

- Somerset County Mental Health Board..... 908-704-6302
- Somerset NAMI 732-940-0991
- NJOPD, Mental Health Advocacy Division.....877-285-2844
- Mental Health & Addictions Ombudsman 609-438-4321

EATING DISORDERS

- Robert Wood Johnson UH-Somerset..... 800-914-9444
- Center for Discovery 908-962-7171
- High Focus Centers (Parsippany) 877-701-0682

**Somerset County
Department of Human Services**

Division of Operations and Planning
Director: Michael Frost
27 Warren Street, Somerville, NJ 08876

Telephone: (908) 704-6300

Fax: (908) 704-1629

In cooperation with the:

**SOMERSET COUNTY BOARD OF
CHOSEN FREEHOLDERS**

YOUTH SERVICES

All mental health services for uninsured persons under age 21 should be referred by PerformCare.

- PerformCare 877-652-7624
- Hackensack Meridian Carrier Clinic 800-933-3579
- Catholic Charities 908-722-1881
- Family & Community Svcs. of Somerset 732-356-1082
- Family Crisis Intervention Unit..... 908-704-6330
- KidsPeace800-257-3223
Children's inpatient psychiatry in Orefield, PA
- Jewish Family Services (*nonsectarian*)908-725-7799
- Middle Earth.....908-725-7223
- Mobile Response Crisis Unit (*Catholic Charities*)
Must contact PerformCare..... 877-652-7624
- Parenting Education (*Catholic Charities*).....908-722-1881
- Passages Transitional Living Program 908-526-6686
(Visions and Pathways)
- Pathways Indep. Living Skills Program. 908-526-4567
(Visions and Pathways)
- Pregnancy Aid & Information..... 908-526-8121
- Princeton Behavioral Health609-497-3300
- Richard Hall Community Mental Health Center
Outpatient Mental Health Services.....908-253-3168
- Somerset County Office of Youth Svcs. 908-704-6333
- Visions and Pathways..... 908-526-6605
Crisis & shelter services for street youth
- Tri-County CMO..... 908-526-3900
- University Behavioral Health Care..... 800-969-5300

SENIOR SERVICES

(See also: In-Home Health Care)

- Adult Day Center of Somerset County 908-725-0068
- VNA of Somerset Hills.....908-766-0180
- Adult Protective Services 908-526-8800
After business hours.....800-287-3607
- Hackensack Meridian Carrier Clinic 800-933-3579
- County Division Aging/Disability Services 908-704-6346
- NJ Division of Aging 800-792-9745
Pharmaceutical and hearing aid assistance
- Jewish Family Services908-725-7799
- Princeton House Behavioral Health
Inpatient.....800-242-2550
Outpatient.....888-437-1610
- Retired & Senior Volunteer Prgm. (RSVP)..... 908-704-6338
- Richard Hall Comm. Mental Health Ctr. 908-725-2800
- Somerset County Transportation..... 908-231-7115
- State Health Insurance Assistance Program (SHIP) 908-704-6346
- Robert Wood Johnson Geriatrics Services..... 908-685-2200

IN-HOME HEALTH SERVICES

- Community Visiting Nurse Association908-725-9355
- Somerset County Bd. of Social Services 908-526-8800
- Visiting Nurse Assoc. of Somerset Hills.....908-766-0180

REHABILITATION SERVICES

- JFK Center for Head Injuries732-906-2640
- NJ Institute for Disabilities.....732-549-6187
- Brain Injury Alliance of NJ732-745-0200

DENTAL/EYE CARE/MEDICAL EMERGENCIES

- Food Bank Network of Somerset County 732-560-1813
Prescription assistance and eye glasses
- Samaritan Homeless Interim Program 908-393-9545
- Zarephath Health Center 732-537-0737
- Zufall Health Center 908-526-2335

INFORMATION & REFERRAL

County Mental Health Administrator	908-704-6302
County Alcohol and Drug Abuse Director.....	908-704-6309
County Office of Veterans Services	908-704-6329
NJ Aging&Disability Resource Connection.....	877-222-3737
Medicare Referral Hotline	800-356-1561
NAMI Somerset	732-940-0991
NJ Psychiatric Association	800-345-0143
<i>Help finding a psychiatrist</i>	
NJ Self-help Group Clearinghouse.....	800-367-6274
Pregnancy Aid & Information.....	908-526-8121
Resource Center of Somerset	908-359-0003
EmPoWER Somerset	908-722-4900
Somerset County Library Info Center	908-458-8400
Office of Victim Witness Advocacy	908-575-3359
United Way of Northern NJ.....	908-253-6516

SUPPORT SYSTEMS/SELF-HELP GROUPS

Alcoholics Anonymous	800-245-1377
Bridgewater Compassionate Friends	908-725-7736
<i>Support after the death of a child</i>	
Community in Crisis (substance use disorder)	communityincrisis.org
Hackensack Meridian Carrier Clinic	800-933-3579
Eating Disorder Support Group	908-685-2847
Family Support Organization	908-223-1191
Freedom Trail (<i>Drop-in Center</i>)	
Social & Advocacy Club for consumers	908-722-5778
Gamblers Anonymous	800-426-2537
Mom2Mom	877-914-6662
National Alliance for Mentally Ill (NAMI)	732-940-0991
NJ Self-Help Clearinghouse.....	800-367-6274
Office on Aging & Disabilities Services	908-704-6346
<i>Senior Centers</i>	
Overeaters Anonymous	908-253-3464
Parents Anonymous	609-585-7666
Pioneer Family Success Center	908-722-4400
Richard Hall Comm. Mental Health Ctr.	908-725-2800
Safe + Sound.....	908-359-0003
<i>Victims of domestic violence</i>	

Support groups for persons impacted by someone else's substance use disorder:

Al-Anon (Alcohol)	973-744-8686
Gam-Anon (Gambling)	888-263-1885
Nar-Anon (Narcotics)	877-424-4491
Tobacco Quitcenter.....	908-685-2442

INPATIENT SERVICES

Hackensack Meridian Carrier Clinic	800-933-3579
New Hope Integrated Behavioral Health	800-705-4673
Princeton House Behavioral Health.....	800-242-2550
Robert Wood Johnson UH–Somerset	908-685-2200
Summit Oaks Hospital	800-753-5223
Veterans Administration Hospital.....	
East Orange Campus	973-676-1000 Ext. 1421

FAMILY/GENERAL COUNSELING OUTPATIENT SERVICES

Hackensack Meridian Carrier Clinic	800-933-3579
Catholic Charities	908-722-1881
Family&Community Services of Somerset	732-356-1082
Jewish Family Services (nonsectarian)	908-725-7799
Richard Hall Comm. Mental Health Ctr.	908-725-2800
Rutgers University Behavioral Health Care	800-969-5300
Veterans Administration Hospital.....	908-647-0180

SUBSTANCE USE DISORDER & CO-OCCURRING SERVICES

Addictions Hotline of NJ.....	211 or 800-238-2333
Hackensack Meridian Carrier Clinic	800-933-3579
Catholic Charities	908-722-1881
The Center for Great Expectations	732-247-7014
<i>Pregnant/parenting women and adolescent females</i>	
Family & Community Svcs. of Somerset	732-356-1082
Freedom House	908-537-6043
Richard Hall Comm. Mental Health Ctr.	908-725-2800
EmPoWER Somerset	908-722-4900
Somerset Treatment Services	908-722-1232

IN-HOME BEHAVIORAL HEALTH SERVICES

Alternatives, Inc.....	908-685-1444
Bridgeway PACT Team	908-704-8252
Catholic Charities	908-722-1881
Family Crisis Intervention Unit.....	908-704-6330
<i>Crisis and short-term follow-up</i>	
Jewish Family Service	908-725-7799

CASE MANAGEMENT

Alternatives, Inc.....	908-685-1444
Bridgeway House PACT Team.....	908-704-8252
Easter Seals	908-722-4300
Project Outreach (Richard Hall)	908-725-4069

RESIDENTIAL SERVICES

Alternatives, Inc.....	908-685-1444
Anderson House A Turning Point Program	908- 534-5818
The Arc of Somerset County.....	908-725-8544
Easter Seals	908-722-4300
Crawford House	908-874-5153
Community Hope	973-463-9600

HOUSING/FOOD EMERGENCIES

Agape House	908-707-9650
<i>Referral required from Board of Social Services</i>	
Board of Social Services.....	908-526-8800
Catholic Charities (nonsectarian).....	908-722-1881
<i>Rent and utilities assistance</i>	
The Center for Great Expectations	732-247-7014
<i>Pregnant/parenting women and adolescent females</i>	
Central Jersey Housing Resource Ctr.....	908-704-8901
Community Hope (Veterans)	855-483-8466
Safe + Sound Somerset	908-685-1122
<i>Victims of domestic violence</i>	
FISH Hospitality Program	732-968-5957
Food Bank Network of Somerset County.....	732-560-1813
Franklin Twp. Food Bank	732-246-0009
HomeSharing, Inc.	908-526-4663
Interfaith Hospitality Network.....	908-704-1920
<i>Shelter & transitional housing for parents with children</i>	
Samaritan Homeless Interim Program	908-393-9545
Visions and Pathways	908-526-6605

EMPLOYMENT & FINANCIAL ASSISTANT

Alternatives, Inc. (<i>Bridges to Employment</i>)	908-685-1444
Catholic Charities	908-722-1881
<i>Rent and utilities assistance</i>	
Middle Earth.....	908-725-7223
<i>Employment programs for youth</i>	
Div. of Vocational Rehabilitation Svcs.....	908-704-3030
One-Stop Career Training Svcs. Ctr.	908-541-5780
RHCMC - Supported Employment	908-253-3194
<i>Persons with mental health issues that affect employment</i>	
Samaritan Homeless Interim Program	908-393-9545
The Salvation Army	732-748-1146
Somerset County Board of Social Services	
Somerville	908-526-8800
N. Plainfield	908-561-9400
Franklin Twp.....	732-846-6499

DEVELOPMENTAL DISABILITIES

Alliance Center for Independence	732-738-4388
Alternatives, Inc.....	908-685-1444
The Arc of Somerset County	908-725-8544
Autism NJ (<i>Information and referrals</i>)	800-428-8476
NJ Div. of Developmental Disabilities	800-832-9173
<i>Local office (Case Management)</i>	<i>732-424-3301</i>
Developmental Disabilities Assoc. of NJ	732-636-6710
Delta Community Supports	908-707-8844
Douglass Developmental Disabilities Ctr.	848-932-4500
Matheny School & Hospital.....	908-234-0011
NJ Institute for Disabilities.....	732-549-6187
Green Brook Regional Center.....	732-968-6000
County Offc. on Aging & Disability Svcs.....	908-704-6346

For more information, please contact
Somerset County Department of Human Services at

908-704-6300