

BERNARDS TOWNSHIP HEALTH DEPARTMENT

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Contact: Lucy Forgione, Health Officer/Health Director lforgione@bernards.org

2019 Novel Coronavirus (COVID-2019) Weekly Update #27 – May 26, 2020



The Substance Abuse and Mental Health Services
Administration (SAMHSA) is the agency within the U.S.
Department of Health and Human Services (HHS) that leads
public health efforts to advance the behavioral health of the
nation and to improve the lives of individuals living with
mental and substance use disorders, and their families. Use
https://www.samhsa.gov/ to find treatment centers nearby.

More About Contact Tracing

There's a lot of talk about what contact tracing is and isn't. Get the facts below:

- Contact tracing is a public health tool used to identify those who come into contact with people who test positive for many infectious diseases like COVID-19.
- Contact tracers work with a patient to identify and provide support to people who may have been exposed.
- The primary reason for them to call is to let you know that you may be the contact of a person who tested positive for COVID-19.
- They will introduce themselves to you, ask about symptoms and ask where you went or who you saw in the past few days. They will recommend you get tested since you were the close contact of a positive case.
- A contact tracer will never ask for your social security number or bank account information.
- Your contact information was given to the contact tracer by the person who tested positive for COVID-19.
- They will attempt to contact you by phone. If they are unable to reach you, they may come to your home.
- If you have tested positive, your contacts will not be told it was you. Your identity will be kept **anonymous**.
- Be honest when answering questions. Sharing names and contact information of persons who are close contacts to the contact tracer is an important way to help reduce the spread of COVID-19.



Checklists for Keeping Your Home Safe During COVID-19

During these times of uncertainty, you want your home to be a safe place for you and your loved ones. When you are spending so much time indoors, you need to be able to identify and handle the hidden hazards in your home that can cause injury or death. Just as you are working to protect those you love from COVID-19, the US Consumer Product Safety Commission urges you to protect your family from these hazards as well.

Home Safe with Young Children
Home Safe with Older Children
Home Safe with Seniors Home Safe with Everyone



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2019 Novel Coronavirus (COVID-2019) Resources and Link

Testing Updates – As of 5/26/20 –

- NJ Testing Sites click here for the most up to date information including new locations and testing criteria.
 - Somerset County Joint testing site with Hunterdon County at Raritan Valley Community College, 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only with valid doctor's prescription. Open May 28th, June 2nd and June 4th 10 am-1pm. Subject to change. Check status of test site at http://www.co.somerset.nj.us/covid19status. Residents of Somerset or Hunterdon County can make an appointment at https://somerset-hunterdon.adlabscovidtest.com/.
 - Morris County Drive Through. Located at Morris County Community College, 214 Center Grove Road, Randolph, NJ 07869. Visit https://health.morriscountynj.gov/COVIDTesting.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. If you are feeling unwell, call ahead to your healthcare provider. DO NOT just show up to an office, urgent care or ER.
- For more information on testing visit the CDC website on testing.

Serum Antibody Testing Facilities and Convalescent Plasma

Individuals who have recovered from COVID-19 could help other patients with COVID-19 through serum
antibody testing. Most doctors and urgent cares are testing but may be using different tests. Please call
ahead to your location for more information. For more information on serum antibody testing please visit
the CDC website or NJDOH website.

New Jersey COVID-19 Resources

- https://covid19.nj.gov/ Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available here. Now including trends, hospital census, long term care facilities, psychiatric hospitals and demographics. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available here.
- Morris County NJ COVID-19 Status Dashboard available here.
- Phone/Text Lines:
 - 2-1-1 for General COVID-19 guestions (7am-11 pm)
 - 1-800-962-1253 for Clinical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Text your zip code to 898-211 for live text assistance

Bernards Township COVID-19 Resources - Links may not be working at this time

- Bernards Township Senior Help Line
- COVID-19 Guidelines for Landscapers
- Mental Health Resources during COVID-19
- Mind Your Health Mental Health Considerations for <u>General Population</u>, <u>Teachers/Parents/Caretakers of</u>
 Children, Elderly or those in Isolation, Healthcare Workers and Youth
- Social Distancing
- Local Resources for Residents (email health@bernards.org to add a resource)

Updated 5/26/2020