



## BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920  
(908) 204-2520. Fax (908) 204-3075. [www.bernardshealth.org](http://www.bernardshealth.org)

Contact: Lucy Forgione, Health Officer/Health Director  
[health@bernards.org](mailto:health@bernards.org)

## 2019 Novel Coronavirus (COVID-2019) Update #16 – April 17, 2020

### New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- **COVID-19 New Jersey Dashboard + Positive Test Result** available [here](#).
- **Somerset County NJ COVID-19 Status Dashboard** available [here](#).
- **Morris County NJ COVID-19 Status Dashboard** available [here](#).
- **Phone/Text Lines:**
  - 2-1-1 for General COVID-19 questions (7am – 11 pm)
  - 1-800-962-1253 for Clinical Questions (24/7)
  - Text NJCOVID to 898-211 to receive alerts
  - Text your zip code to 898-211 for live text assistance

**HOW PUBLIC HEALTH WORKERS ARE FIGHTING COVID-19**

And why they're awesome!

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**HEALTH EDUCATORS**

- Break down complicated information into understandable and simple terms
- Communicate health and safety practices
- Promote available health resources

Wash your hands!

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**LAB SCIENTISTS**

- Develop and perform tests to diagnose COVID-19
- Study the virus, including its structure and how it replicates
  - Create and test new drug and therapeutic candidates
  - Work on developing a coronavirus vaccine

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**EPIDEMIOLOGISTS**

- Track COVID-19 cases and try to locate their sources
- Help develop control measures to halt further spread
  - Communicate findings with healthcare workers and lab scientists

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### Coronavirus Testing Methods

**Molecular Tests:** Done by taking a swab from the back of the throat. Looks for active infection

**Serology Tests:** Done by taking blood. Looks for previous infection.

### What's Being Worked On..

**Rapid Tests:** On April 10<sup>th</sup>, NJ acquired 15 rapid test instruments that will be dispersed to healthcare systems around NJ. Will be able to process results in approximately 5-13 minutes.

### COVID-19 Testing for Uninsured and Undocumented People

- Click [here](#) for information from the NJ COVID-19 website.
- COVID-19 Resources for Individuals Who Are Undocumented or Uninsured in [English](#) and [Spanish](#).

### Staying Active during COVID-19

- For more information on running during the COVID-19 outbreak, visit [Runner's World](#) for Frequently Asked Questions.

### Pets and COVID-19

- Use credible sources to get pet care information.
  - [American Veterinary Medical Association](#)
  - [Centers for Disease Control](#)

### How to Properly Use and Care for Face Coverings

- When do I wear? How do I wear? What do I need?  
When do I wash? How do I make one?
  - [DIY Face Covering Instructions](#)

Updated 4/17/2020

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## 2019 Novel Coronavirus (COVID-2019) Resources and Links

The 2019 Novel Coronavirus (COVID-2019) is a rapidly evolving situation. Members of the public are urged to keep up to date by visiting trusted public health resources.

### Testing Updates- As of 4/17/20 –

- For the most up to date information on NJ Testing Sites [click here](#).
  - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College. 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only with valid doctor's prescription. Open April 20<sup>th</sup> from 10 am – 1pm. Subject to change. Check status of test site at <http://www.co.somerset.nj.us/covid19status>. Residents of Somerset or Hunterdon County can make an appointment at <https://somerset-hunterdon.adlabscovidtest.com>.
  - **Morris County** – Drive Through. Located at Morris County Community College. 214 Center Grove Rd, Randolph, NJ 0789. For patients with a doctor's prescription.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. **If you are feeling unwell, call ahead to your healthcare provider. DO NOT just show up to an office, urgent care or ER.**
- For more information or testing - [visit the CDC website](#).

### Serum Antibody Testing Facilities

- Individuals who have recovered or are recovering from COVID-19 could help other patients with COVID-19 through serum antibody testing. To find out more, click [here](#).

### Bernards Township COVID-19 Resources

- [Somerset Hills YMCA Food Security Project](#)
- [Bernards Township Senior Help Line](#)
- [COVID-19 Guidelines for Landscapers](#)
- **Mind Your Health** – Mental Health Considerations for [General Population](#), [Teachers/Parents/Caretakers of Children](#), [Elderly or those in Isolation](#), [Healthcare Workers](#), and [Youth](#)
- [Social Distancing](#)
- [Mental Health Resources during COVID-19](#)
- [Local Resources for Residents](#) (email [health@bernards.org](mailto:health@bernards.org) to add a resource) **\*Currently being updated**

### Other Resources:

- [World Health Organization \(WHO\)](#)
- [Centers for Disease Control](#)
- [New Jersey Department of Health](#)
- [Somerset County Department of Health](#)
- [Morris County Office of Health Management](#)
- [New Jersey Office of Emergency Management](#)

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